

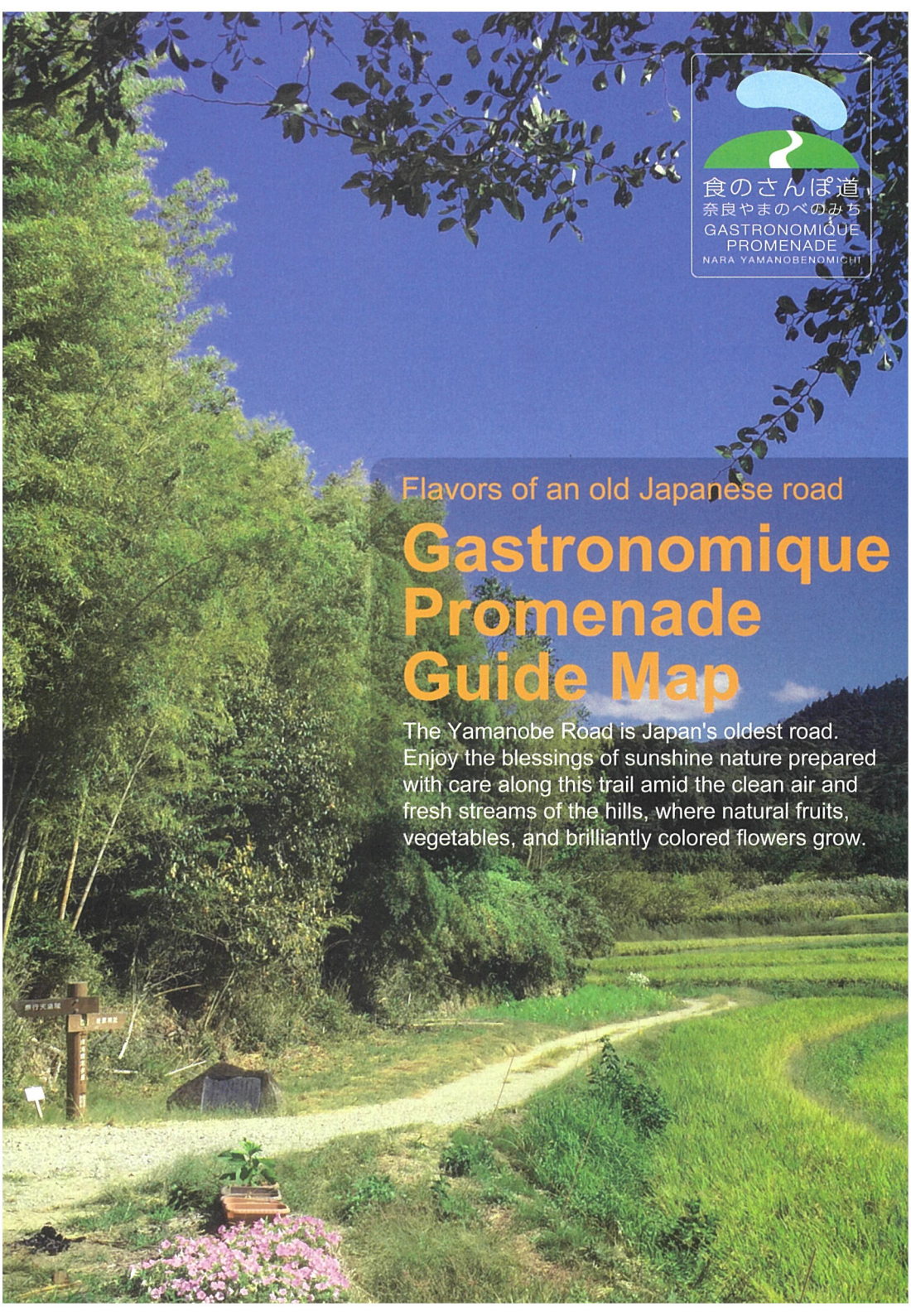


食のさんぽ道
奈良やまのべのみち
GASTRONOMIQUE
PROMENADE
NARA YAMANO BENOMICHI

Flavors of an old Japanese road

Gastronomique Promenade Guide Map

The Yamanobe Road is Japan's oldest road. Enjoy the blessings of sunshine nature prepared with care along this trail amid the clean air and fresh streams of the hills, where natural fruits, vegetables, and brilliantly colored flowers grow.



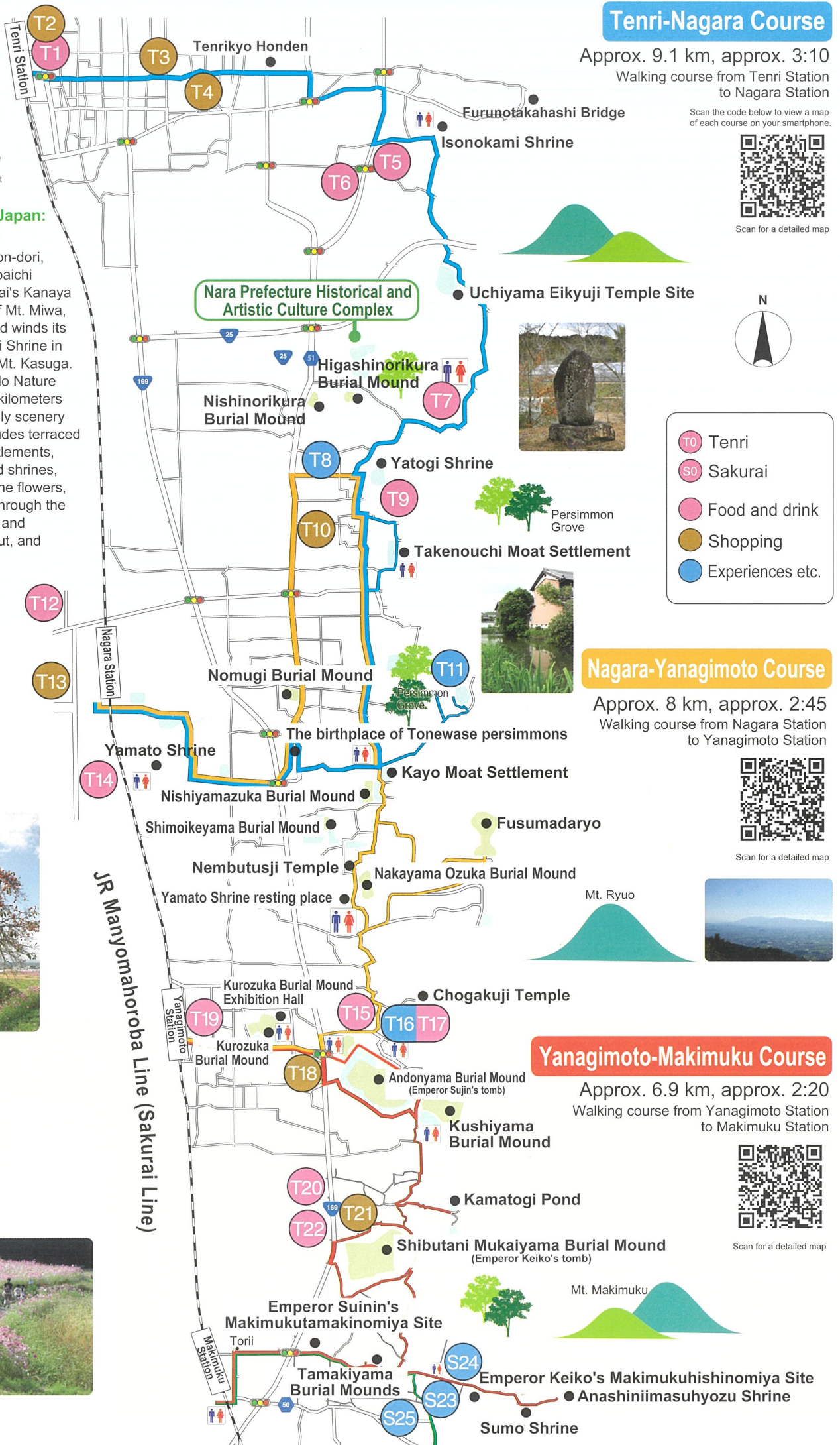
Scan the code below to view a video on the hiking courses.



Scan the code to access the YouTube channel of the Nara Prefecture Food and Agriculture Promotion Department

A road from old Japan: Yamanobe Road

Starting from Kannon-dori, which leads to Tsubaichi Kannondo in Sakurai's Kanaya district at the foot of Mt. Miwa, the Yamanobe Road winds its way past Isonokami Shrine in Tenri to the foot of Mt. Kasuga. A part of the Tokaido Nature Trail, it is about 16 kilometers long in total. The hilly scenery along the road includes terraced rice fields, rural settlements, historic temples and shrines, side trails through the flowers, stone-paved trails through the trees, rice paddies, and persimmon, chestnut, and mandarin groves.



Tenri-Nagara Course

Approx. 9.1 km, approx. 3:10

Walking course from Tenri Station to Nagara Station

Scan the code below to view a map of each course on your smartphone.



Scan for a detailed map

- T0 Tenri
- S0 Sakurai
- Food and drink
- Shopping
- Experiences etc.

Nagara-Yanagimoto Course

Approx. 8 km, approx. 2:45

Walking course from Nagara Station to Yanagimoto Station



Scan for a detailed map

Yanagimoto-Makimuku Course

Approx. 6.9 km, approx. 2:20

Walking course from Yanagimoto Station to Makimuku Station



Scan for a detailed map

Makimuku-Miwa Course

Approx. 5 km, approx. 1:45
Walking course from Makimuku Station to Miwa Station



Scan for a detailed map



Miwa-Sakurai Course

Approx. 3.5 km, approx. 1:15
Walking course from Miwa Station to Sakurai Station



Scan for a detailed map

Sakurai-NAFIC Area Course

Course

Approx. 5 km, approx. 1:40

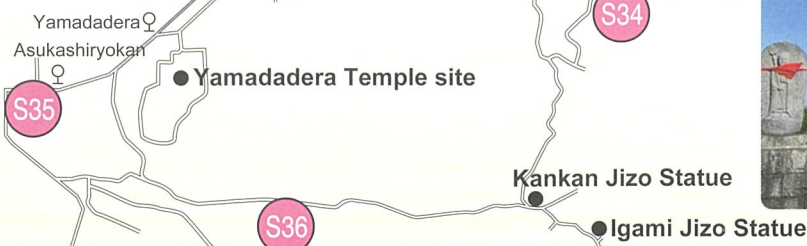
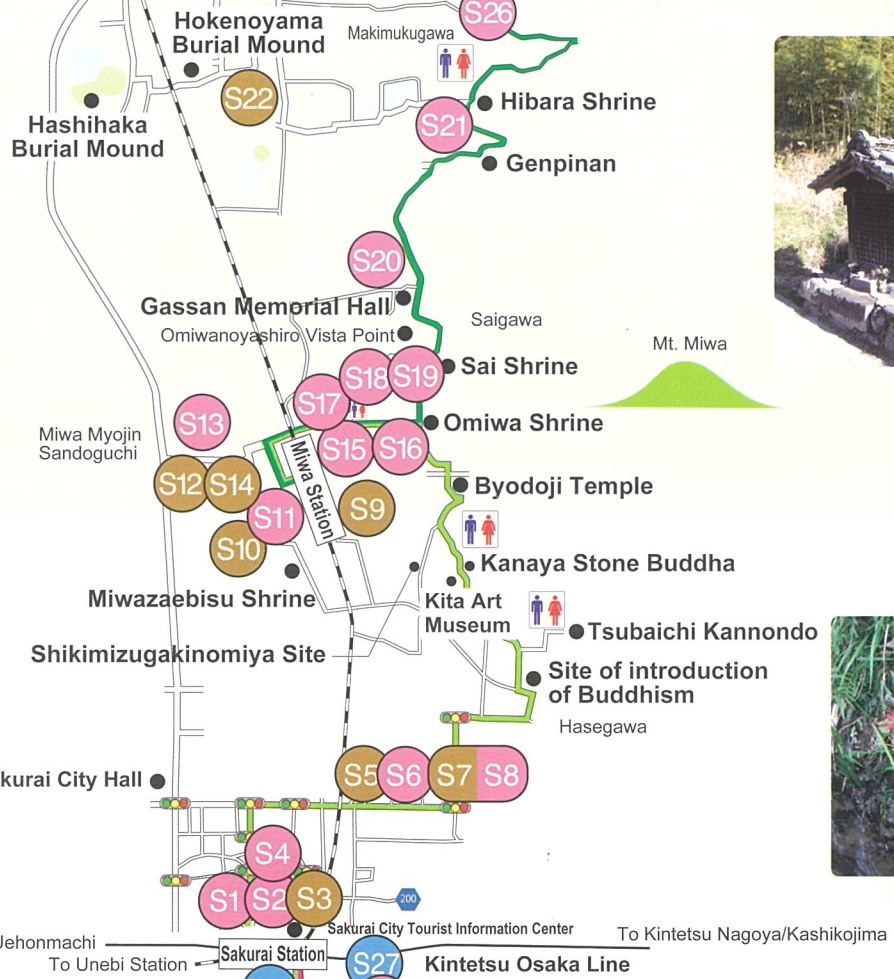
Course

Approx. 3.5 km, approx. 1:00

NARA Agriculture and Food International College
(Agricultural Management Program)

NARA Agriculture and Food International College
(Creative Foods Program)

NARA Agriculture and Food International College Seminar House



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